



Pharmacist Well-being Index

State Report
For
NABP District Five States

FEBRUARY 2022

For Every Pharmacist. For All of Pharmacy.

pharmacist.com

DISTRESS PERCENT CHANGES

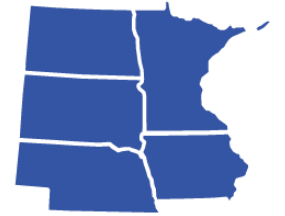
National and District

January 2022 versus February 2022

Changes in Distress Levels

As of February 2022

State	Change in Distress % January 2022 vs February 2022	Distress % February 2022	State Rank for Distress Level February 2022
Largest Increase in Distress Percent			
Vermont	1.54%	30.43%	40
District of Columbia	1.16%	29.73%	42
Washington	1.06%	41.15%	10
Connecticut	0.79%	46.38%	4
West Virginia	0.73%	43.31%	7
Largest Decrease in Distress Percent			
Alaska	1.74%	23.26%	49
Nevada	1.19%	55.17%	1
New Hampshire	0.70%	49.30%	2
Hawaii	0.50%	41.67%	8
Kansas	0.46%	37.95%	15
NATIONAL	-0.03%	32.08%	----



Changes in Distress Levels – District Five

As of February 2022

	Change in Distress % Feb 22 Vs Jan 22	Distress % Feb 2022	Distress % State Rank Feb 2022	COVID-19 Vaccine Admin Feb 2022	Change in Distress % Jan 22 vs Dec 21	Distress % Jan 2022	Distress % State Rank Jan 2022	Change in Distress % Dec 21 vs Nov 21	Distress % State Rank Dec 2021	Distress % State Rank Nov 2021	Distress % State Rank Sep 2021	Distress % State Rank Jul 2021	Distress % State Rank Apr 2021	Distress % State Rank May 2020	Distress % State Rank Apr 2020
Iowa	-0.14%	29.33%	44	6089975	-0.29%	29.47%	42	0.20%	41	41	41	41	41	33	29
Minnesota	-0.08%	24.44%	48	11676470	-0.07%	24.52%	49	-0.58%	49	48	46	46	45	42	43
Nebraska	0.64%	33.13%	31	3678090	0.21%	32.49%	32	0.43%	33	34	36	39	39	38	41
North Dakota	No Change	35.00%	20	1283560	No Change	35.00%	20	No Change	20	21	34	29(t)	31	44	45
South Dakota	0.56%	26.44%	46	1721945	No Change	25.88%	47	0.58%	47	47	47	47(t)	47	46	46

Note: Historic data from 2020/2021 has been removed to allow space for current month.
Refer to previous months' reports or contact ashaughnessy@aphanet.org for data.

DISTRESS PERCENT MONTHLY REPORTS

State-Specific

January 2022 versus February 2022

PHARMACISTS WELL-BEING INDEX

State Distress Percent*

February 2022

As of February 6, 2022, the Iowa distress percent was 29.33% (9th lowest) with 122 assessors. On this same date, the CDC reported 6,089,975 COVID-19 vaccines administered and 729,700 cases in the state.

January 2022

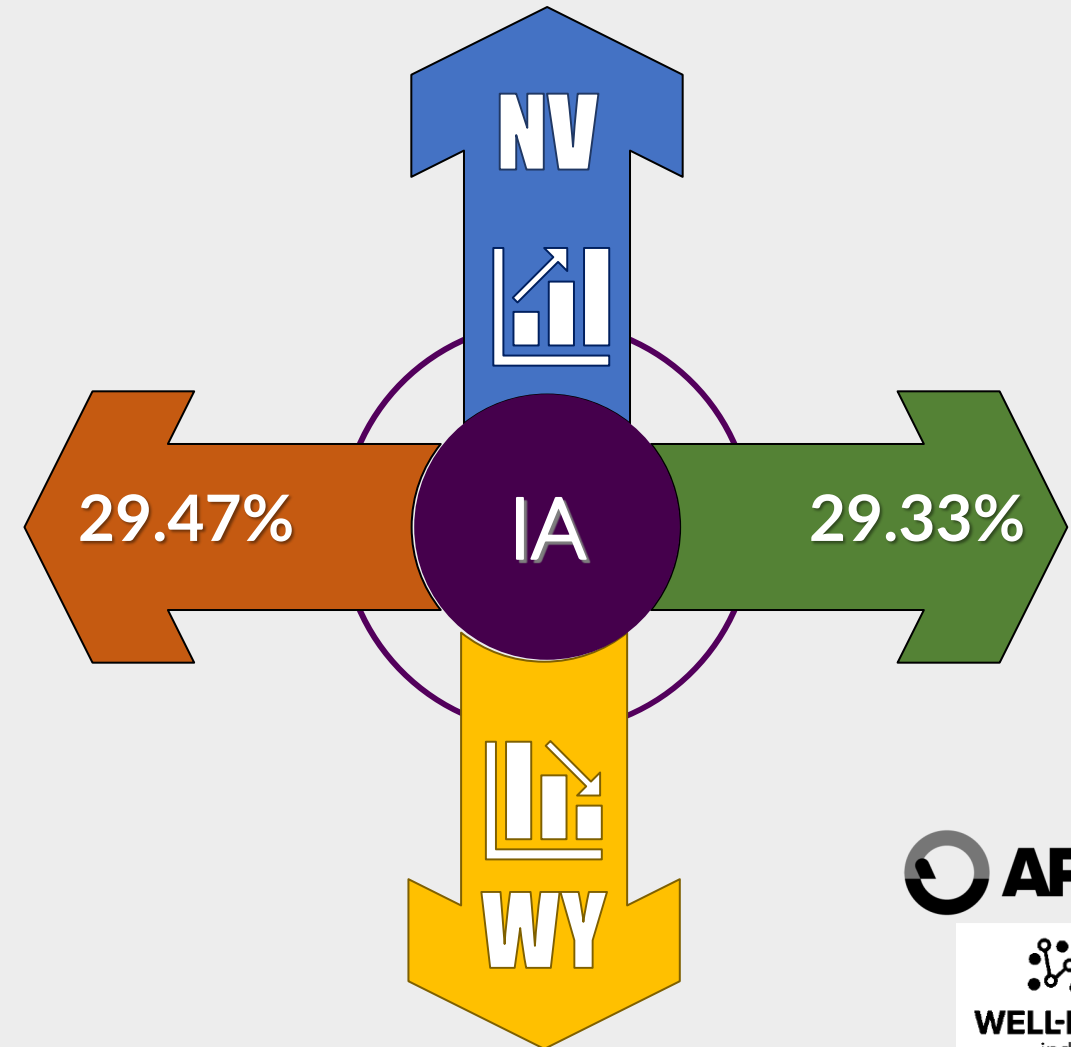
As of January 6, 2022, the Iowa distress percent was 29.47% (11th lowest) with 121 assessors. On this same date, the CDC reported 5,805,975 COVID-19 vaccines administered and 596,296 cases in the state.

State Comparison

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

State Distress Percent*

February 2022



As of February 6, 2021, the Minnesota distress percent was 24.44% (5th lowest) with 174 assessors. On this same date, the CDC reported 11,676,470 COVID-19 vaccines administered and 1,359,058 cases in the state.

January 2022



As of January 6, 2021, the Minnesota distress percent was 24.52% (4th lowest) with 171 assessors. On this same date, the CDC reported 11,096,570 COVID-19 vaccines administered and 1,049,310 cases in the state.



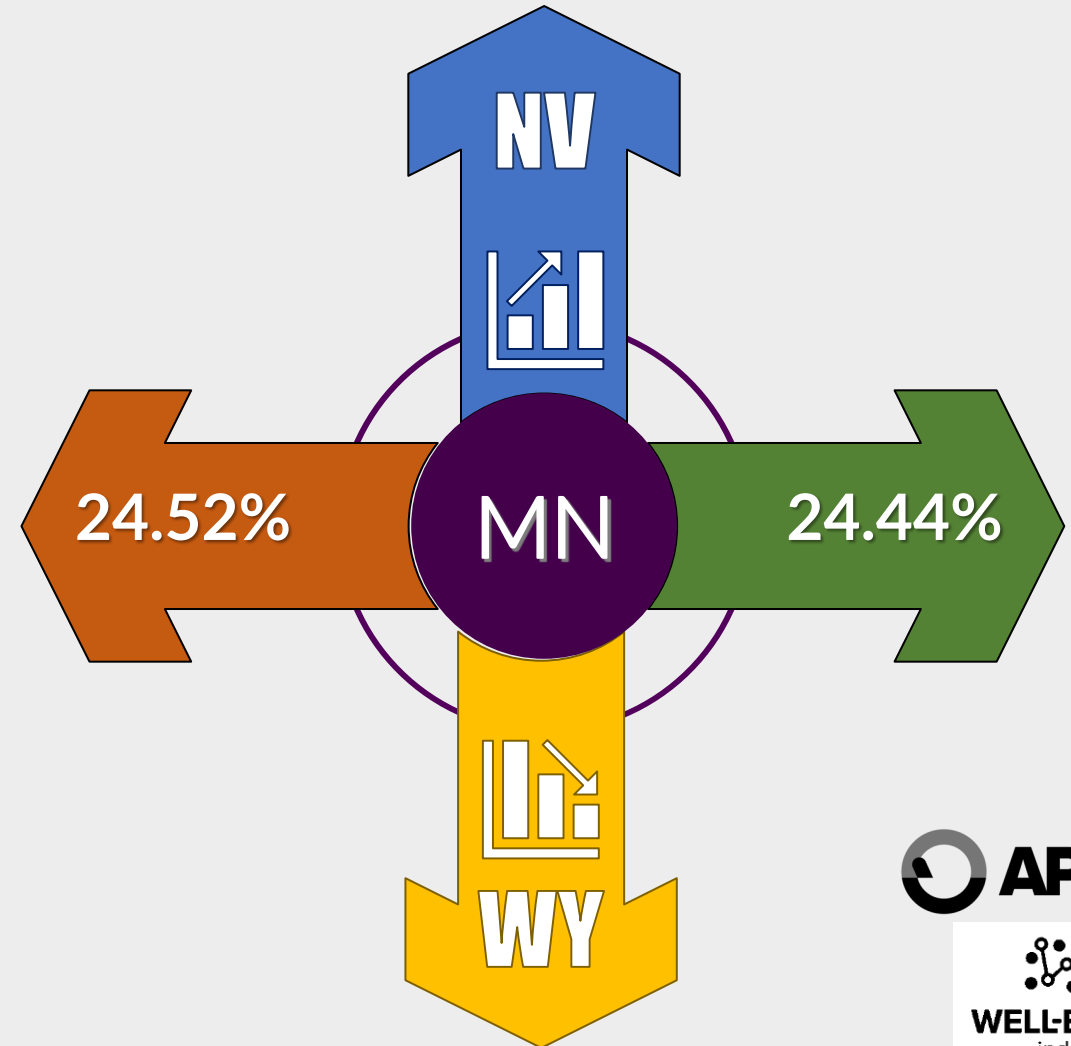
State Comparison

As of February 6, 2022



Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



WELL-BEING
index
<https://app.mywellbeingindex.org/signup>
Invitation Code: APhA

*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress..

PHARMACISTS WELL-BEING INDEX

State Distress Percent*

February 2022



As of February 6, 2022, the Nebraska distress percent was 33.13% (31st highest) with 168 assessors. On this same date, the CDC reported 3,678,090 COVID-19 vaccines administered and 445,793 cases in the state.

January 2022



As of January 6, 2022, the Nebraska distress percent was 32.49% (32nd highest) with 168 assessors. On this same date, the CDC reported 3,492,130 COVID-19 vaccines administered and 353,056 cases in the state.

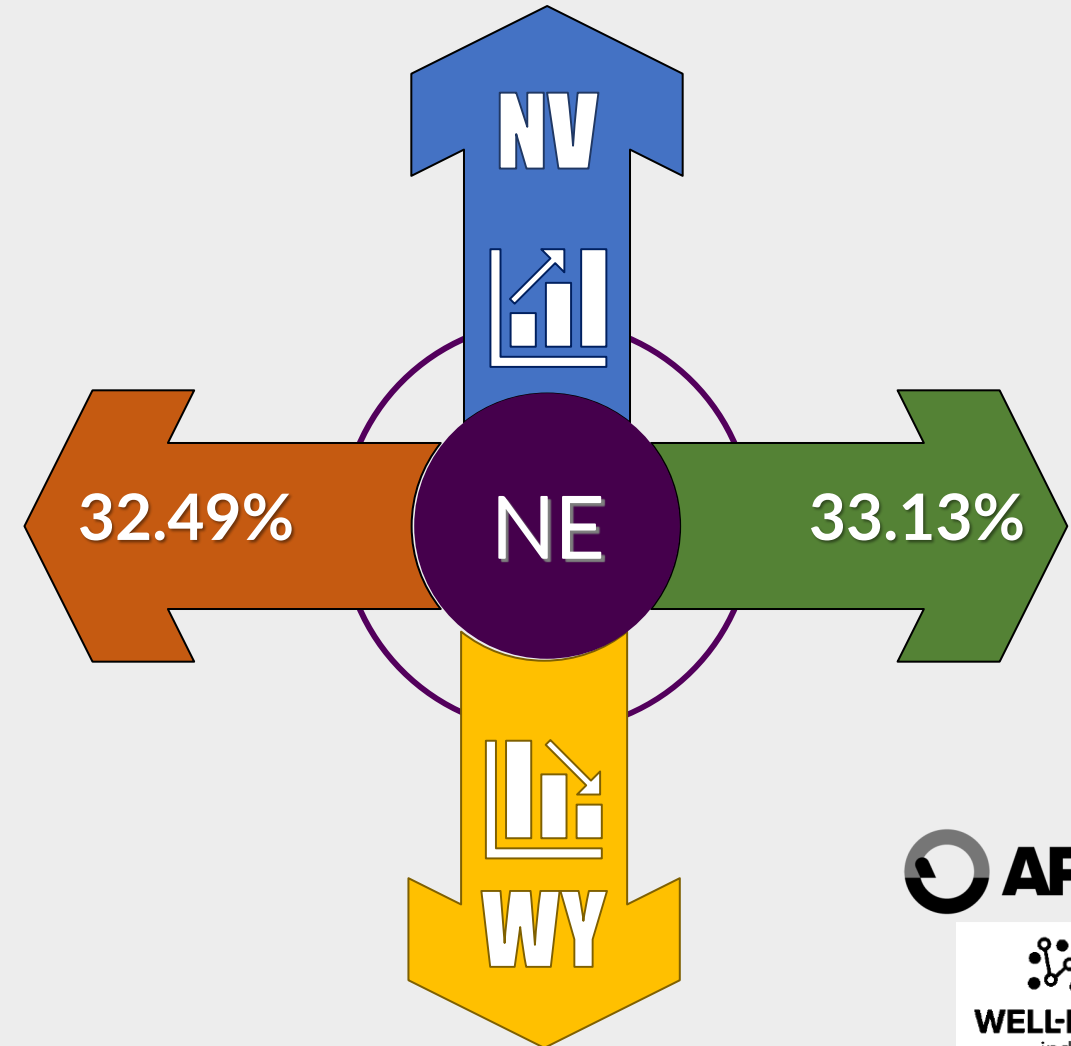


State Comparison

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



WELL-BEING
index
<https://app.mywellbeingindex.org/signup>
Invitation Code: APhA

*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

State Distress Percent*

February 2022

As of February 6, 2022, the North Dakota distress percent was 35.00% (20th highest) with 17 assessors. On this same date, the CDC reported 1,283,560 COVID-19 vaccines administered and 229,271 cases in the state.

January 2022

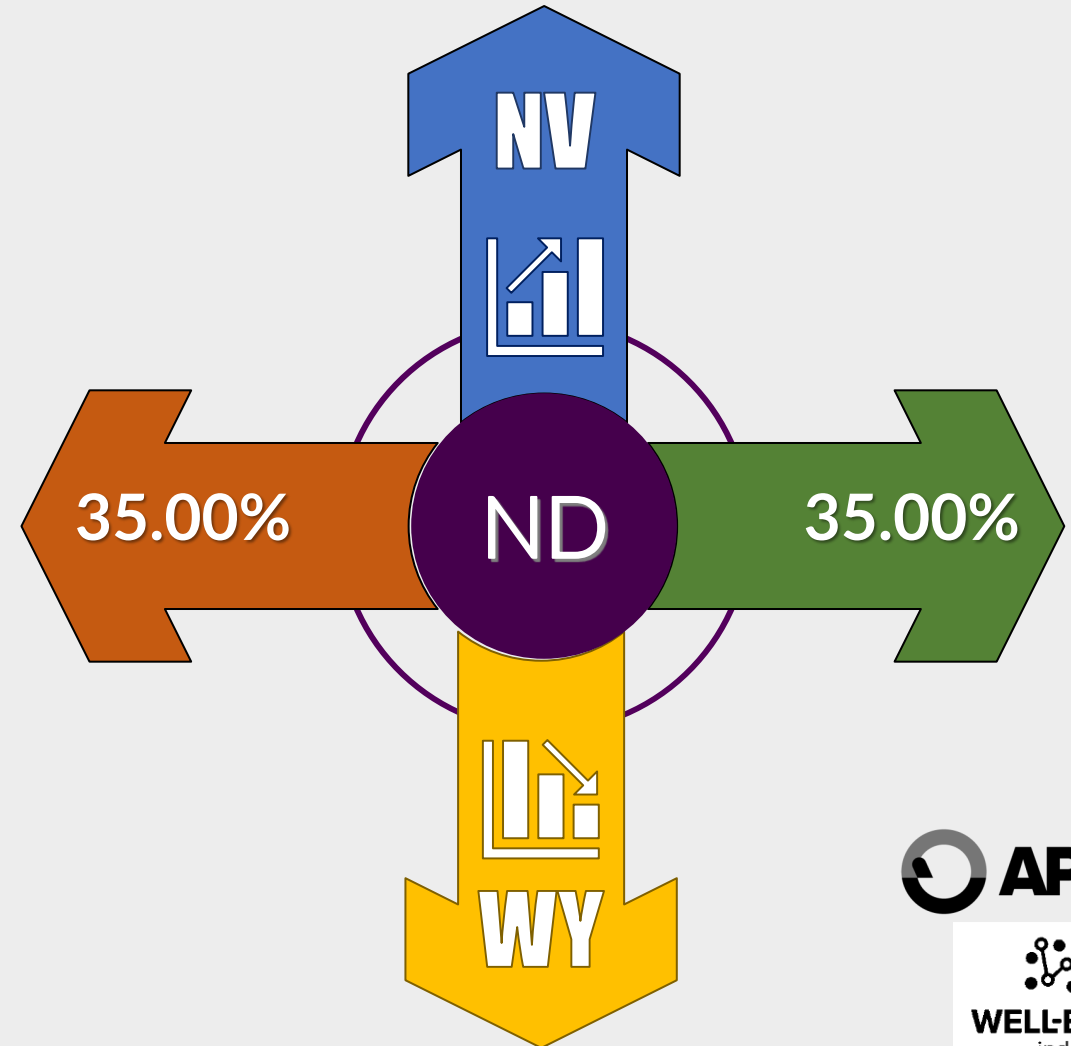
As of January 6, 2022, the North Dakota distress percent was 35.00% (20th highest) with 17 assessors. On this same date, the CDC reported 1,219,960 COVID-19 vaccines administered and 179,161 cases in the state.

State Comparison

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

State Distress Percent*

February 2022

As of February 6, 2022, the South Dakota distress percent was 26.44% (7th lowest) with 47 assessors. On this same date, the CDC reported 1,721,945 COVID-19 vaccines administered and 230,240 cases in the state.

January 2022

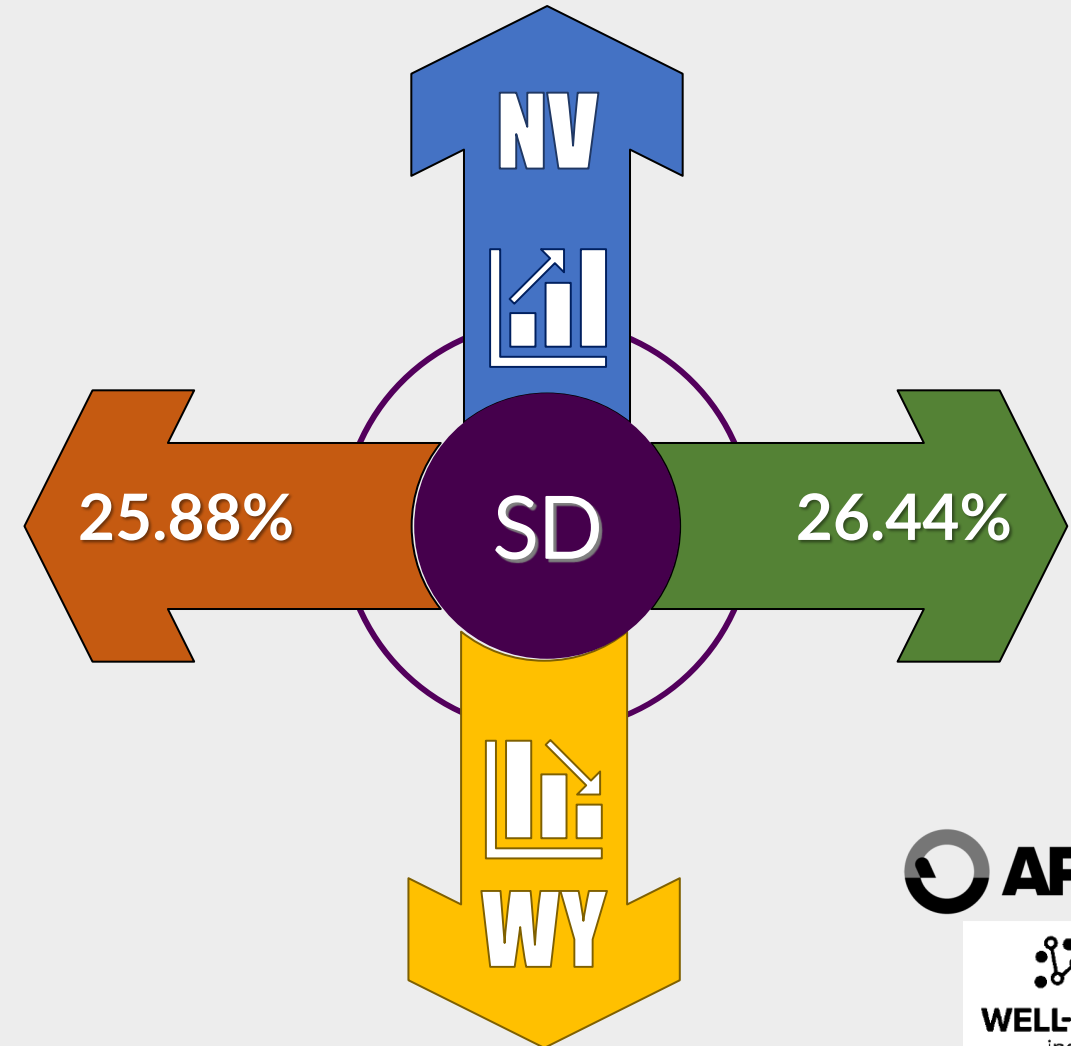
As of January 6, 2022, the South Dakota distress percent was 25.88% (6th lowest) with 47 assessors. On this same date, the CDC reported 1,627,435 COVID-19 vaccines administered and 185,284 cases in the state.

State Comparison

As of February 6, 2022

Nevada is the highest at 55.17% (n=24)

Wyoming has the lowest 18.18% (n=15)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

Well-being Resources Promo Slides*

For Your Use in State Social Media and Periodicals

**Please do not change the content of these promotional slides*



Your experiences – positive and negative – tell a powerful story!

**Your experience can be the spark that helps change and enhance
the pharmacy workplace, pharmacy personnel well-being, and patient safety.**

**Submit your experience report to
Pharmacy Workplace and Well-being Reporting.
www.pharmacist.com/pwwr**

**Your report is confidential, anonymous, and protected by the
Alliance for Patient Medication Safety - a recognized national patient safety organization.**

Share the PWWR link with your colleagues!



Burnout is real.

Take advantage of APhA's online screening tool, invented by the Mayo Clinic, to evaluate your fatigue, depression, burnout, anxiety, and stress and assess your well-being.

It takes less than 5 minutes to answer 9 short questions.

It's 100% anonymous, free, and you do not need to be an APhA member.

Resources are available once you submit your assessment.

Well-being Index for Pharmacists, Student Pharmacists, & Pharmacy Technicians

<https://app.mywellbeingindex.org/signup>

Invitation Code: APhA

Or Scan



You're committed to pharmacy.
We're committed to your well-being.
www.pharmacist.com/wellbeing