

## Well-being Index for Pharmacy Personnel

State Report
For
NABP District Five States

**AUGUST 2022** 







## YEARS IN PRACTICE DISTRESS PERCENT COMPARISON January 2020 vs January 2021 vs August 2022





## District Five Distress Percent for Years In Practice (Staff Pharmacists Only)

	<u>&lt;</u> 5 years			5-14 years			15-24 years			≥ 25 years		
	Jan 20	Jan 21	Aug 22	Jan 20	Jan 21	Aug 22	Jan 20	Jan 21	Aug 22	Jan 20	Jan 21	Aug 22
National	35.55%	35.01%	32.34%	39.08%	38.05%	35.55%	40.17%	38.11%	34.19%	24.97%	23.67%	23.25%
lowa	27.27%	20.69%	21.88%	57.14%	46.88%	42.86%	33.33%	31.58%	28.00%	Too Few	Too Few	Too Few
Minnesota	30.30%	18.18%	17.95%	32.43%	27.45%	25.76%	25.00%	25.00%	27.27%	17.65%	13.04%	9.68%
Nebraska	30.00%	34.62%	34.62%	33.33%	27.78%	25.53%	54.55%	45.71%	44.44%	28.26%	25.00%	33.33%
North Dakota	Too Few	Too Few	Too Few	Too Few	Too Few	Too Few	Too Few	Too Few	Too Few	Too Few	Too Few	Too Few
South Dakota	Too Few	Too Few	Too Few	30.43%	22.86%	24.49%	Too Few	Too Few	Too Few	Too Few	Too Few	Too Few





# DISTRESS PERCENT CHANGES National and District July 2022 versus August 2022





### **Changes in Distress Levels**

As of August 2022

State	Change in Distress % May 2022 vs June 2022	Distress % June 2022	State Rank for Distress Percent June 2022										
Largest Increase in Distress Pero	Largest Increase in Distress Percent												
Nevada	+ 0.54%	60.00%	1										
Washington	+ 0.43%	42.62%	8										
Utah	+ 0.31%	30.00%	40 (T)										
Oklahoma	+ 0.27%	35.85%	17										
Georgia	+ 0.11%	33.23%	28										
Largest Decre40 (a30.00se in Distress Percent													
South Dakota	- 1.66%	25.51%	47										
District of Columbia	- 0.77%	30.00%	40 (T)										
Massachusetts	- 0.71%	42.31%	9										
Idaho	- 0.58%	33.61%	25										
North Carolina	- 0.46%	37.83%	15										
NATIONAL	-1.09%	32.04%											





### Changes in Distress Levels – District Five

As of August 2022



	Change in Distress % Jul 2022 Vs Aug 2022	Distress % Aug 2022	Distress % State Rank Aug 2022	Change in Distress % Jun 2022 Vs Jul 2022	Distress % State Rank Jul 2022	State Rank	Distress % State Rank May 2022	Distress % State Rank Apr 2022	Distress % State Rank Mar 2022	Distress % State Rank Feb 2022	Distress % State Rank Jan 2022	Distress % State Rank Dec 2021	Distress % State Rank Apr 2021	Distress % State Rank May 2020	Distress % State Rank Apr 2020
lowa	No Change	29.91%	42	0.18%	41	41	45	43	45	44	42	41	41	33	29
Minnesota	-0.29%	24.34%	49	-0.15%	49	49	49	49	49	48	49	49	45	42	43
Nebraska	0.10%	33.53%	26	0.20%	26	27	29	30	31	31	32	33	39	38	41
North Dakota	No Change	31.82%	32 (T)	No Change	32 (T)	31	33 (T)	34 (T)	28 (T)	20	20	20	31	44	45
South Dakota	-1.66%	25.51%	47	No Change	47	46	46	46	47	46	47	47	47	46	46

Note: Some historic data from 2020/2021 has been removed to allow space for current month. Refer to previous months' reports or contact ashaughnessy@aphanet.org for data. (T) = tied with another state





# DISTRESS PERCENT MONTHLY REPORTS State-Specific July 2022 versus August 2022





#### **AUGUST 2022**

As of August 6, 2022, the Iowa distress percent was 29.91% (ranked 42/52) with 132 assessors.



#### **JULY 2022**

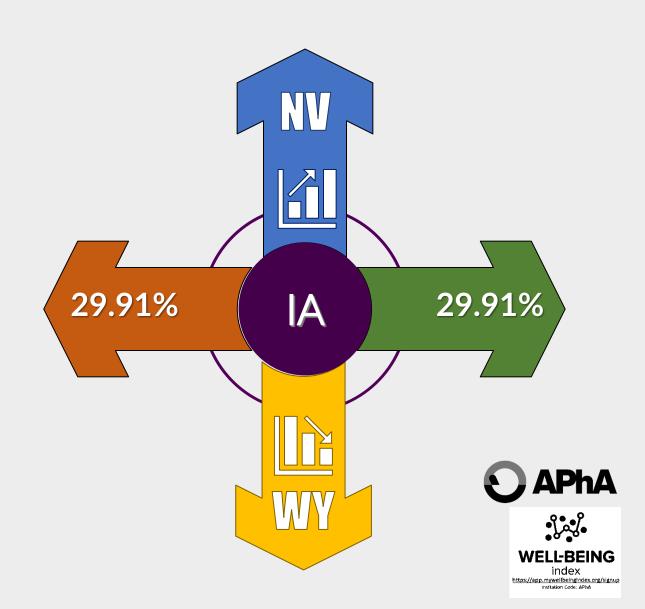
As of July 6, 2022, the lowa distress percent was 29.91% (ranked 41/52) with 132 assessors.



#### **STATE COMPARISON**

As of August 6, 2022

Nevada is the highest at 60.00% (n=33)



<sup>\*</sup>Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.



#### **AUGUST 2022**

As of August 6, 2021, the Minnesota distress percent was 24.34% (ranked 49/52) with 183 assessors.



#### **JULY 2022**

As of July 6, 2021, the Minnesota distress percent was 24.63% (ranked 49/52) with 183 assessors.

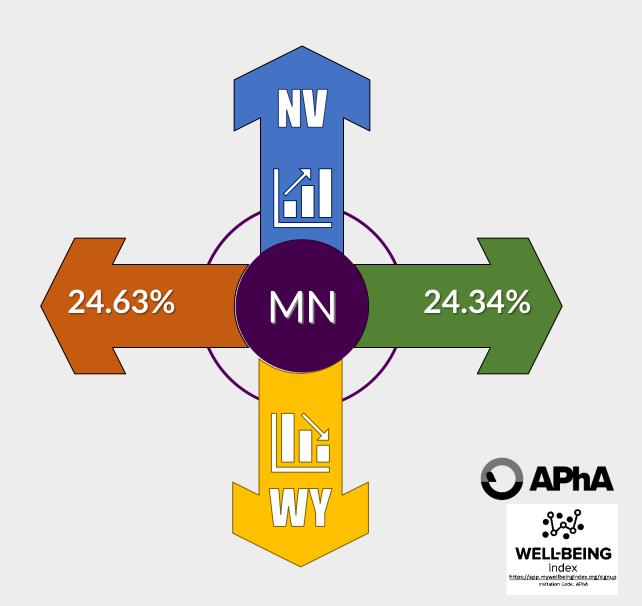


#### **STATE COMPARISON**

As of August 6, 2022

Neva

Nevada is the highest at 60.00% (n=33)



<sup>\*</sup>Distress Percent is the percentage of individuals with aWell-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress..



#### **AUGUST 2022**

As of August 6, 2022, the Nebraska distress percent was 33.53% (ranked 26/52) with 169 assessors.



#### **JULY 2022**

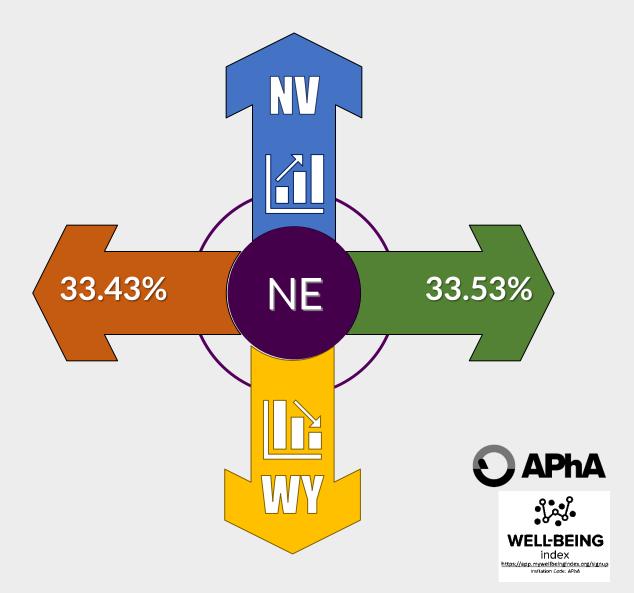
As of July 6, 2022, the Nebraska distress percent was 33.43% (ranked 26/52) with 169 assessors.



#### **STATE COMPARISON**

As of August 6, 2022

Nevada is the highest at 60.00% (n=33)



<sup>\*</sup>Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.



#### **AUGUST 2022**

As of August 6, 2022, the North Dakota distress percent was 31.82% (ranked tied at 32/52 highest) with 18 assessors.



#### **JULY 2022**

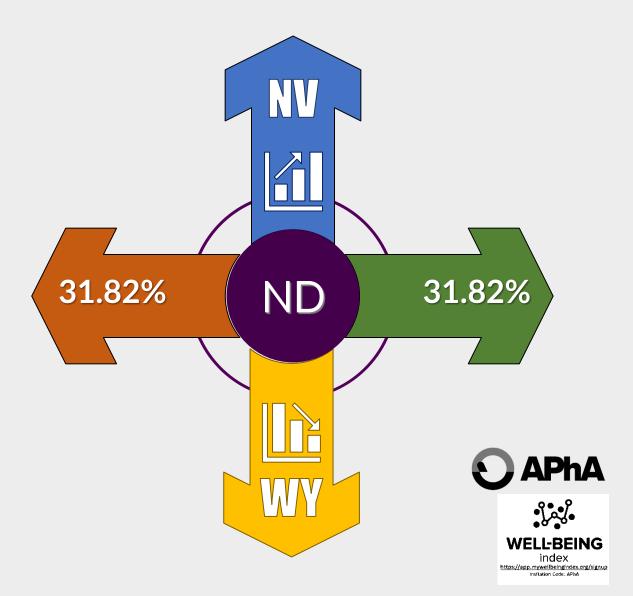
As of July 6, 2022, the North Dakota distress percent was 31.82% (ranked tied at 32/52 highest) with 18 assessors.



#### **STATE COMPARISON**

As of August 6, 2022

Nevada is the highest at 60.00% (n=33)



<sup>\*</sup>Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.



#### **AUGUST 2022**

As of August 6, 2022, the South Dakota distress percent was 25.51% (ranked 47/52) with 55 assessors.



#### **JULY 2022**

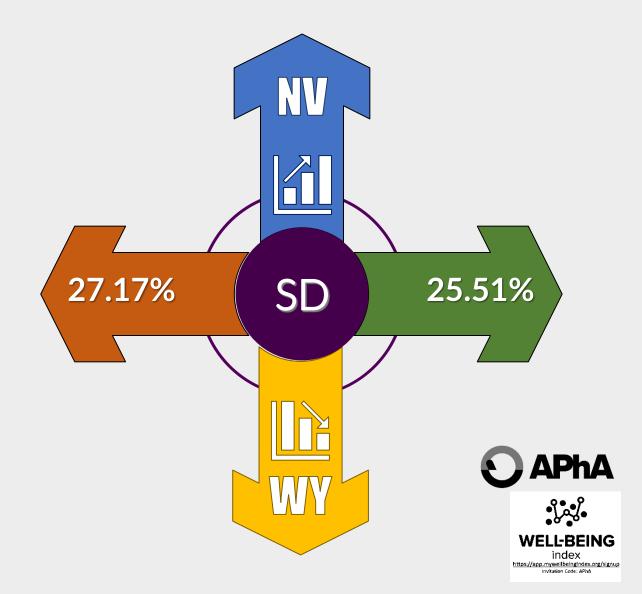
As of July 6, 2022, the South Dakota distress percent was 27.17% (ranked 47/52) with 50 assessors.



#### **STATE COMPARISON**

As of August 6, 2022

Nevada is the highest at 60.00% (n=33)



<sup>\*</sup>Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.



## Well-being Resources Promo Slides\* For Your Use in State Social Media and Periodicals

<sup>\*</sup>Please do not change the content of these promotional slides



#### **Burnout** is real.

Take advantage of APhA's online screening tool, invented by the Mayo Clinic, to evaluate your fatigue, depression, burnout, anxiety, and stress and assess your well-being. It takes less than 5 minutes to answer 9 short questions.

It's 100% anonymous, free, and you do not need to be an APhA member.

Resources are available once you submit your assessment.

Well-being Index for Pharmacists, Student Pharmacists, & Pharmacy Technicians <a href="https://app.mywellbeingindex.org/signup">https://app.mywellbeingindex.org/signup</a>

**Invitation Code: APhA** 

Or Scan







#### Your experiences - positive and negative - tell a powerful story!

Your experience can be the spark that helps change and enhance the pharmacy workplace, pharmacy personnel well-being, and patient safety.

Submit your experience report to

Pharmacy Workplace and Well-being Reporting.

www.pharmacist.com/pwwr

Your report is confidential, anonymous, and protected by the Alliance for Patient Medication Safety - a recognized national patient safety organization.

Share the PWWR link with your colleagues!