



Well-being Index for Pharmacy Personnel

State Report
For
NABP District Five States

JUNE 2022

For Every Pharmacist. For All of Pharmacy.

pharmacist.com

DISTRESS PERCENT CHANGES

National and District

May 2022 versus June 2022

Changes in Distress Levels

As of June 2022

State	Change in Distress % May 2022 vs June 2022	Distress % June 2022	State Rank for Distress Percent June 2022
Largest Increase in Distress Percent			
Iowa	0.64%	29.73%	41
Washington	0.57%	41.95%	8
Kansas	0.36%	38.82%	14
Texas	0.31%	34.26%	24
Arizona	0.30%	39.03%	13
Largest Decrease in Distress Percent			
Colorado	-1.48%	31.58%	35
Hawaii	-0.90%	39.33%	12
Virginia	-0.68%	40.13%	11
Alaska	-0.44%	30.99%	38
Arkansas	-0.39%	33.14%	29
NATIONAL	No Change	31.98%	----



Changes in Distress Levels – District Five

As of June 2022

	Change in Distress % May 2022 Vs Apr 2022	Distress % May 2022	Distress % State Rank May 2022	Change in Distress % May 2022 Vs Apr 2022	Distress % State Rank May 2022	Distress % State Rank Apr 2022	Distress % State Rank Mar 2022	Distress % State Rank Feb 2022	Distress % State Rank Jan 2022	Distress % State Rank Dec 2021	Distress % State Rank Nov 2021	Distress % State Rank Sep 2021	Distress % State Rank Apr 2021	Distress % State Rank May 2020	Distress % State Rank Apr 2020
Iowa	0.64%	29.73%	41	-0.21%	45	43	45	44	42	41	41	41	41	33	29
Minnesota	0.23%	24.78%	49	0.09%	49	49	49	48	49	49	48	46	45	42	43
Nebraska	0.10%	33.23%	27	0.21%	29	30	31	31	32	33	34	36	39	38	41
North Dakota	No Change	31.82%	31	No Change	33 (T)	34 (T)	28 (T)	20	20	20	21	34	31	44	45
South Dakota	-0.03%	27.17%	46	0.50%	46	46	47	46	47	47	47	47	47	46	46

Note: Historic data from 2020/2021 has been removed to allow space for current month.
Refer to previous months' reports or contact ashaughnessy@aphanet.org for data.
(T) = tied with another state

DISTRESS PERCENT MONTHLY REPORTS

State-Specific

May 2022 versus June 2022

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

JUNE 2022

As of June 6, 2022, the Iowa distress percent was 29.73% (ranked 41/52) with 131 assessors.

MAY 2022

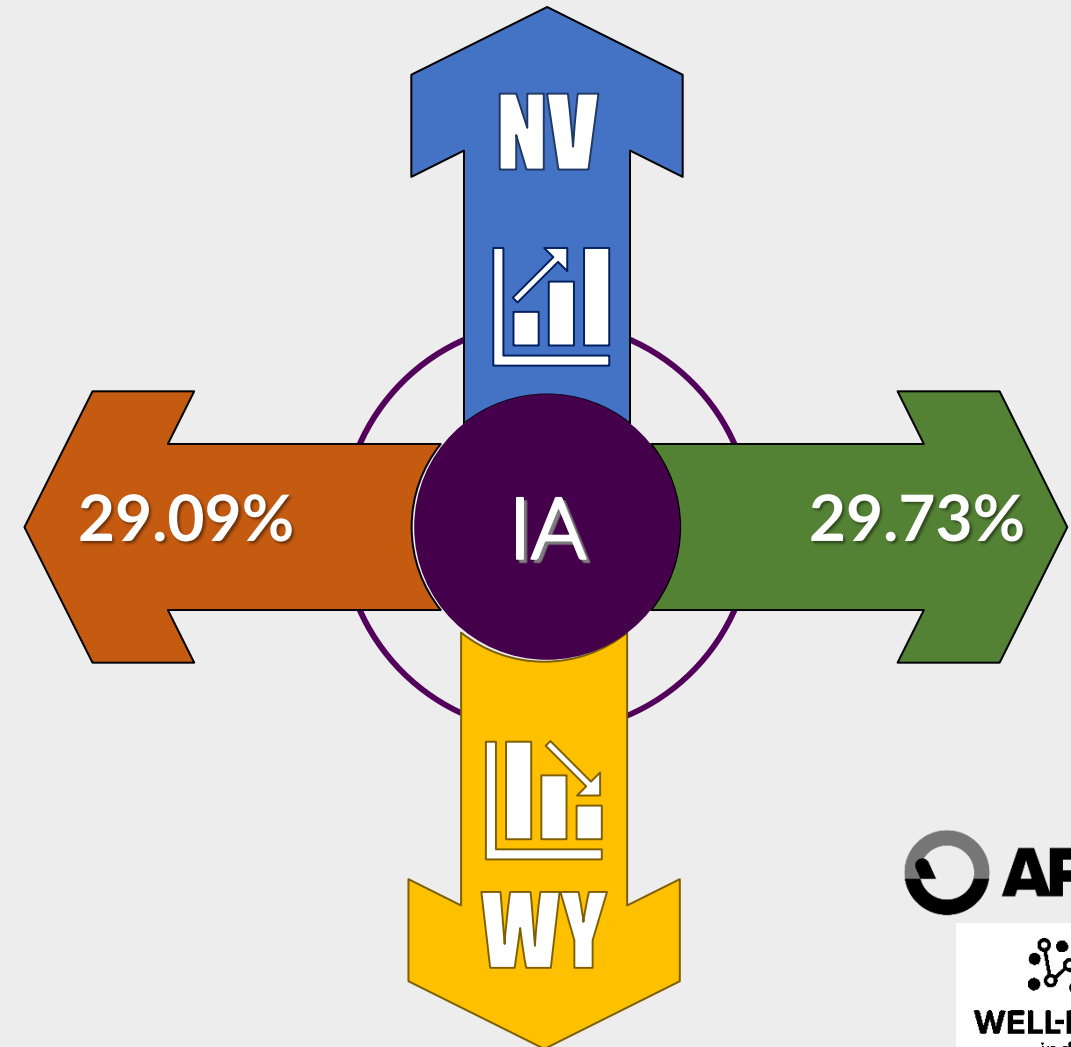
As of May 6, 2022, the Iowa distress percent was 29.09% (ranked 45/52) with 130 assessors.

STATE COMPARISON

As of June 6, 2022

Nevada is the highest at 57.97% (n=30)

Wyoming has the lowest 17.39% (n=16)



*Distress Percent is the percentage of individuals with a Pharmacist Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

JUNE 2022

As of June 6, 2021, the Minnesota distress percent was 24.78% (ranked 49/52) with 183 assessors.

MAY 2022

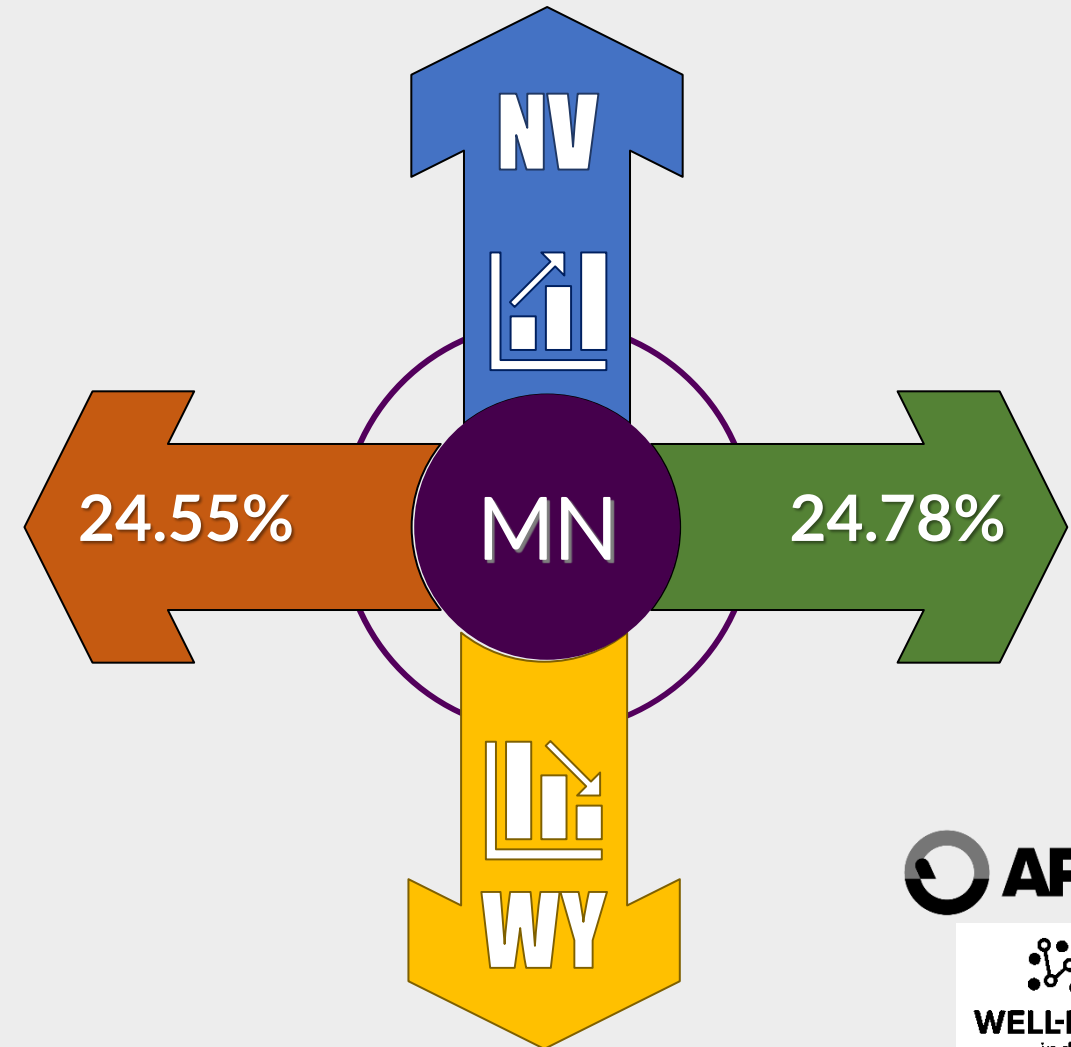
As of May 6, 2021, the Minnesota distress percent was 24.55% (ranked 49/52) with 182 assessors.

STATE COMPARISON

As of June 6, 2022

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PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

JUNE 2022



As of June 6, 2022, the Nebraska distress percent was 33.23% (ranked 27/52) with 169 assessors.

MAY 2022



As of May 6, 2022, the Nebraska distress percent was 33.13% (ranked 29/52) with 169 assessors.



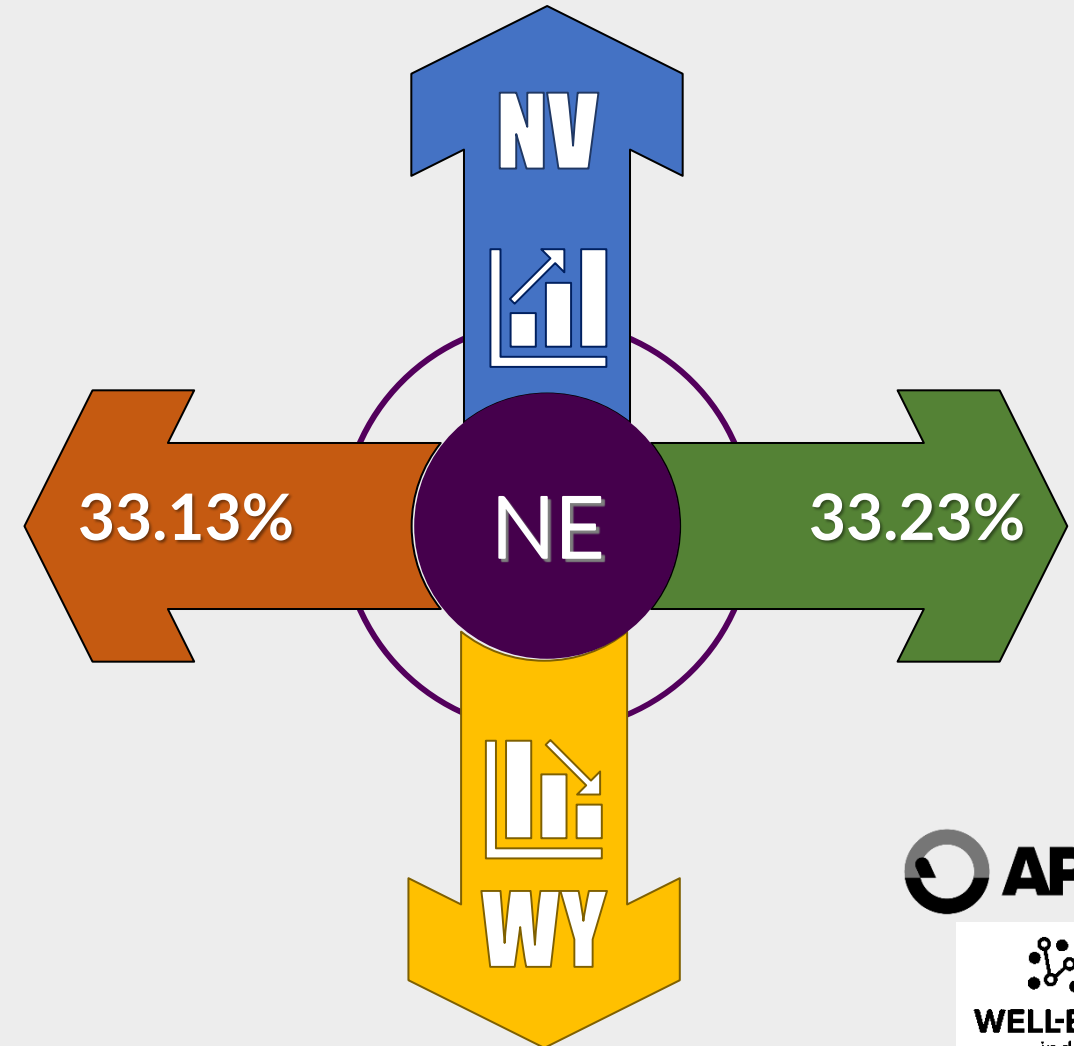
STATE COMPARISON

As of June 6, 2022



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WELL-BEING
index

<https://app.mywellbeingindex.org/signup>
Invitation Code: APhA

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PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

JUNE 2022

As of June 6, 2022, the North Dakota distress percent was 31.82% (ranked tied at 31/52 highest) with 18 assessors.

MAY 2022

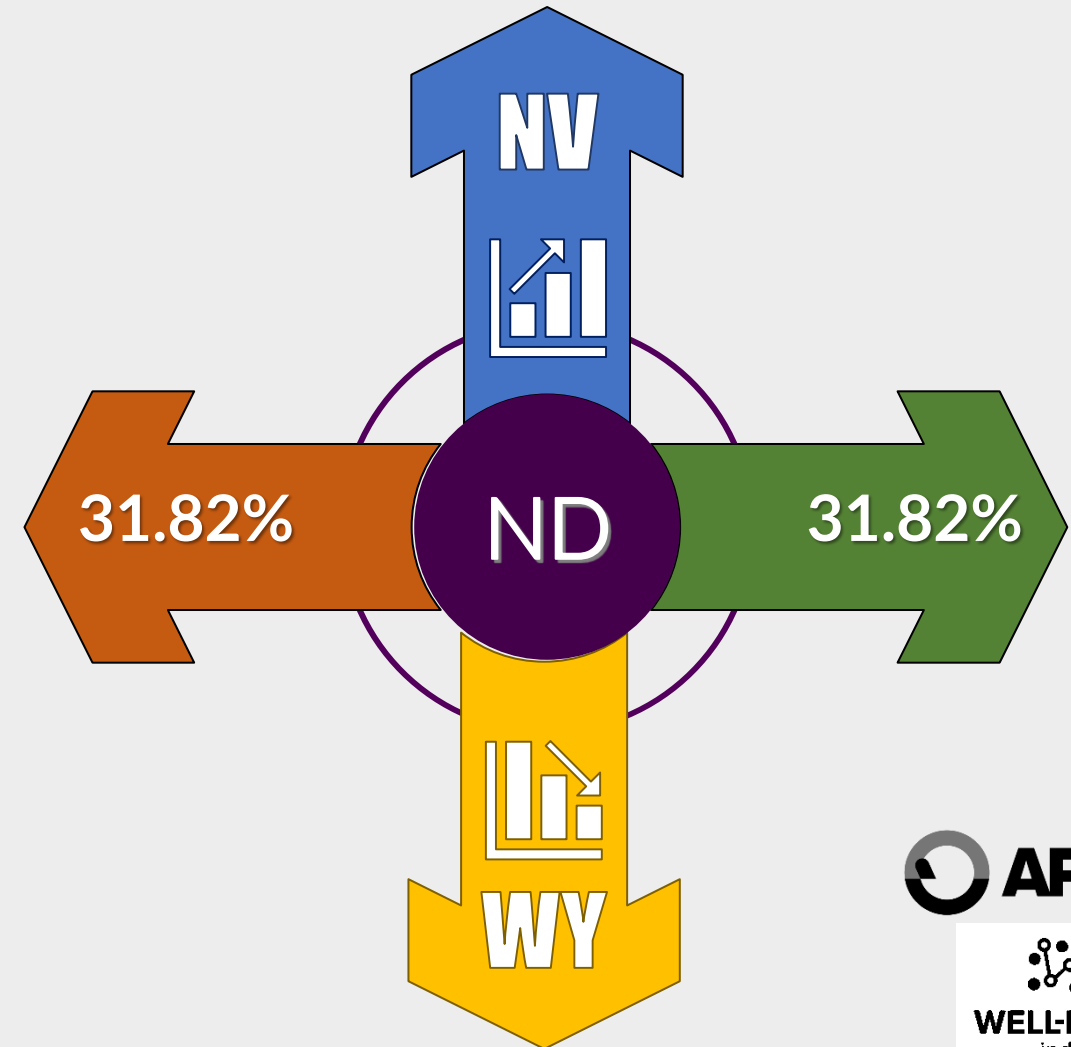
As of May 6, 2022, the North Dakota distress percent was 31.82% (ranked tied at 33/52 highest) with 18 assessors.

STATE COMPARISON

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Nevada is the highest at 57.97% (n=30)

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PHARMACISTS WELL-BEING INDEX

STATE DISTRESS PERCENT*

JUNE 2022

As of June 6, 2022, the South Dakota distress percent was 27.17% (ranked 46/52) with 50 assessors.

MAY 2022

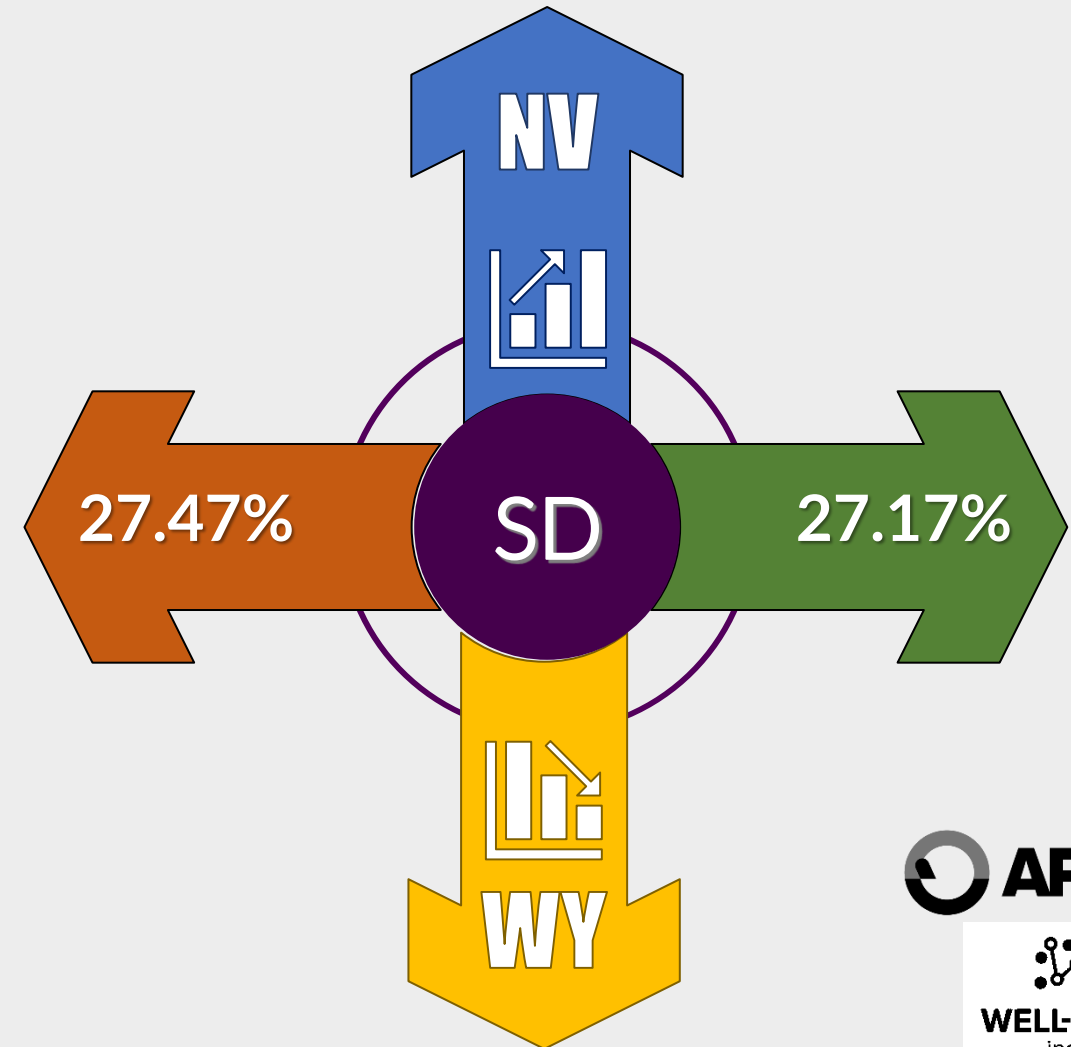
As of May 6, 2022, the South Dakota distress percent was 27.47% (ranked 46/52) with 50 assessors.

STATE COMPARISON

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Well-being Resources Promo Slides*

For Your Use in State Social Media and Periodicals

**Please do not change the content of these promotional slides*



Your experiences – positive and negative – tell a powerful story!

Your experience can be the spark that helps change and enhance the pharmacy workplace, pharmacy personnel well-being, and patient safety.

**Submit your experience report to
Pharmacy Workplace and Well-being Reporting.
www.pharmacist.com/pwwr**

Your report is confidential, anonymous, and protected by the Alliance for Patient Medication Safety - a recognized national patient safety organization.

Share the PWWR link with your colleagues!



Burnout is real.

Take advantage of APhA's online screening tool, invented by the Mayo Clinic, to evaluate your fatigue, depression, burnout, anxiety, and stress and assess your well-being.

It takes less than 5 minutes to answer 9 short questions.

It's 100% anonymous, free, and you do not need to be an APhA member.

Resources are available once you submit your assessment.

Well-being Index for Pharmacists, Student Pharmacists, & Pharmacy Technicians

<https://app.mywellbeingindex.org/signup>

Invitation Code: APhA

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We're committed to your well-being.
www.pharmacist.com/wellbeing**