



Well-being Index for Pharmacy Personnel

State Report
For
NABP District Five States

October 2022

For Every Pharmacist. For All of Pharmacy.

pharmacist.com

Well-being Index Resources Accessed

July 2019 to October 2022 and January 2022 to October 2022

Well-being Index for Pharmacy Personnel *Resources Accessed*

When individuals complete their WBI, they are directed to resources under 9 categories.

Since its launch, the assessors using the WBI for Pharmacy Personnel accessed resources under Stress & Resiliency the most often. In 2022 to date, the same category of resources was also the most accessed. A breakdown of resources accessed follows in the next slide.

The frequency of categories accessed, can be used to inform planning for resources and programming developed/offered by state associations and state boards of pharmacy.



Well-being Index for Pharmacy Personnel

Resources Accessed – Percentage of All Views

Resource Categories	July 2019 through October 2022	January 2022 through October 2022
Stress & Resiliency	34%	32%
Relationships & Work-life Balance	16%	17%
Emotional Concerns	14%	15%
Career Development	12%	15%
Fatigue	8%	6%
<i>Suicidal Thoughts</i>	8%	3%
<i>Health Behavior</i>	5%	9%
Money / Financial	2%	2%
Alcohol / Substance Use	1%	1%

The only difference in rank order

DISTRESS PERCENT CHANGES

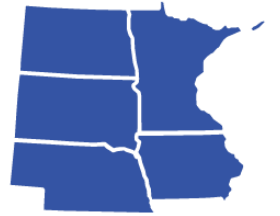
National and District

September 2022 versus October 2022

Changes in Distress Levels

As of October 2022

State	Change in Distress % September 2022 vs October 2022	Distress % October 2022	State Rank for Distress Percent October2022
Largest Increase in Distress Percent			
Wyoming	+3.33%	20.00%	51
Arkansas	+2.63%	30.58%	18
South Dakota	+1.47%	26.47%	47
Maine	+1.02%	19.05%	52
Alaska	+0.50%	31.17%	35
Largest Decrease in Distress Percent			
Puerto Rico	-2.14%	42.86%	7
Tennessee	-1.02%	29.77%	41
Utah	-0.68%	29.85%	40
Idaho	-0.55%	33.06%	31
Florida	-0.47%	34.34%	22
NATIONAL	-0.06%	31.99%	----



Changes in Distress Levels – District Five

As of October 2022

	Change in Distress % Sep 2022 Vs Oct 2022	Distress % Oct 2022	Distress % State Rank Oct 2022	Change in Distress % Aug 2022 Vs Sep 2022	Distress % State Rank Sep 2022	Distress % State Rank Aug 2022	Distress % State Rank Jul 2022	Distress % State Rank Jun 2022	Distress % State Rank May 2022	Distress % State Rank Apr 2022	Distress % State Rank Jan 2022	Distress % State Rank Dec 2021	Distress % State Rank Apr 2021	Distress % State Rank May 2020	Distress % State Rank Apr 2020
Iowa	-0.26%	29.52%	42	-0.13%	42	42	41	41	45	43	42	41	41	33	29
Minnesota	-0.27%	23.65%	49	-0.42%	49	49	49	49	49	49	49	49	45	42	43
Nebraska	0.20%	33.63%	27	-0.10%	28	26	26	27	29	30	32	33	39	38	41
North Dakota	No Change	34.78%	20	2.96%	19	32 (T)	32 (T)	31	33 (T)	34 (T)	20	20	31	44	45
South Dakota	1.47%	26.47%	47	-0.51%	48	47	47	46	46	46	47	47	47	46	46

Note: Some historic data from 2020/2021/2022 has been removed to allow space for current month. Refer to previous months' reports or contact ashaughnessy@aphanet.org for data.

(T) = tied with another state

DISTRESS PERCENT MONTHLY REPORTS

State-Specific

September 2022 versus October 2022

WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2022

As of October 6, 2022, the Iowa distress percent was 29.52% (ranked 42/52) with 132 assessors.

SEPTEMBER 2022

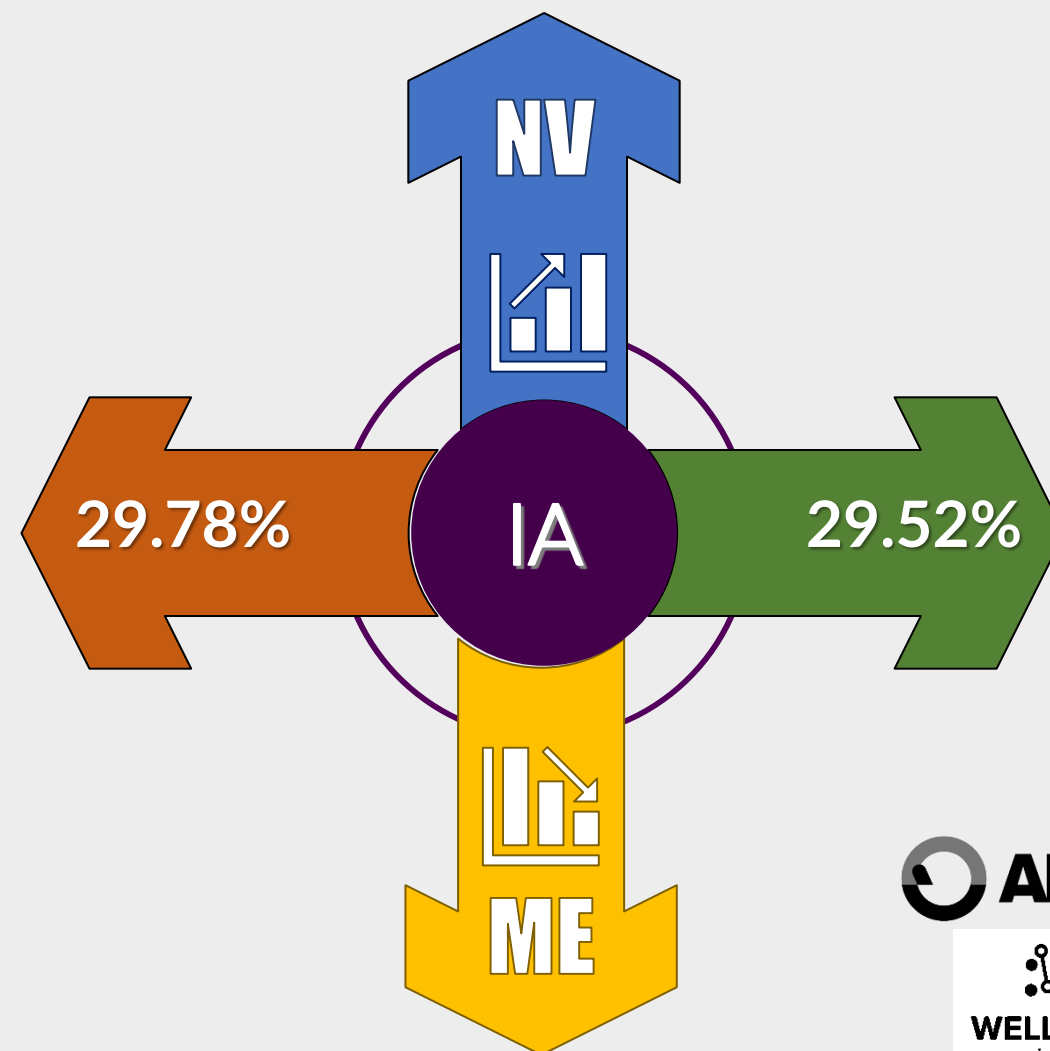
As of September 6, 2022, the Iowa distress percent was 29.78% (ranked 42/52) with 132 assessors.

STATE COMPARISON

As of October 6, 2022

Nevada is the highest at 59.74% (n=33)

Maine has the lowest 19.05% (n=26)



*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2022

As of October 6, 2021, the Minnesota distress percent was 23.65% (ranked 49/52) with 187 assessors.

SEPTEMBER 2022

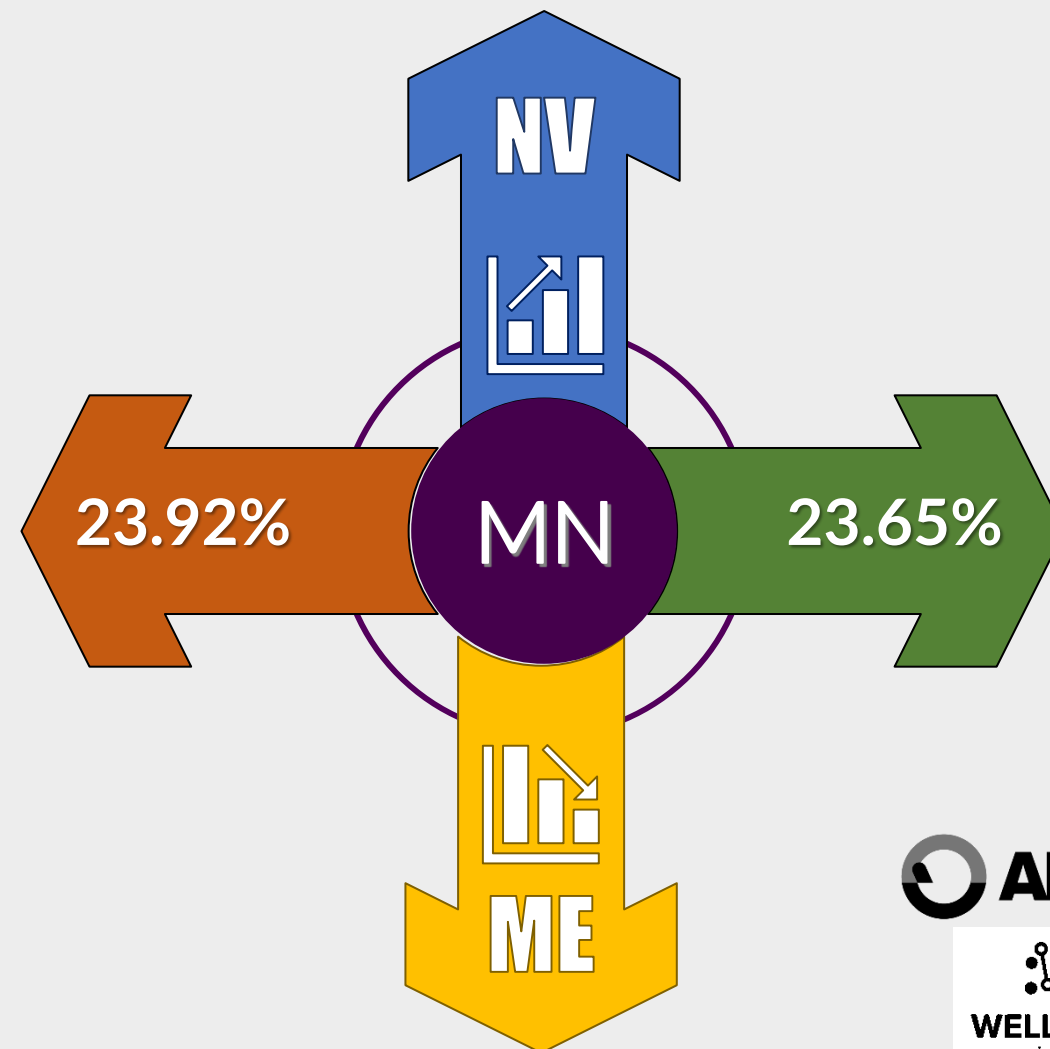
As of September 6, 2021, the Minnesota distress percent was 23.92% (ranked 49/52) with 186 assessors.

STATE COMPARISON

As of October 6, 2022

Nevada is the highest at 59.74% (n=33)

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WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2022



As of October 6, 2022, the Nebraska distress percent was 33.63% (ranked 27/52) with 169 assessors.

SEPTEMBER 2022



As of September 6, 2022, the Nebraska distress percent was 33.43% (ranked 28/52) with 169 assessors.

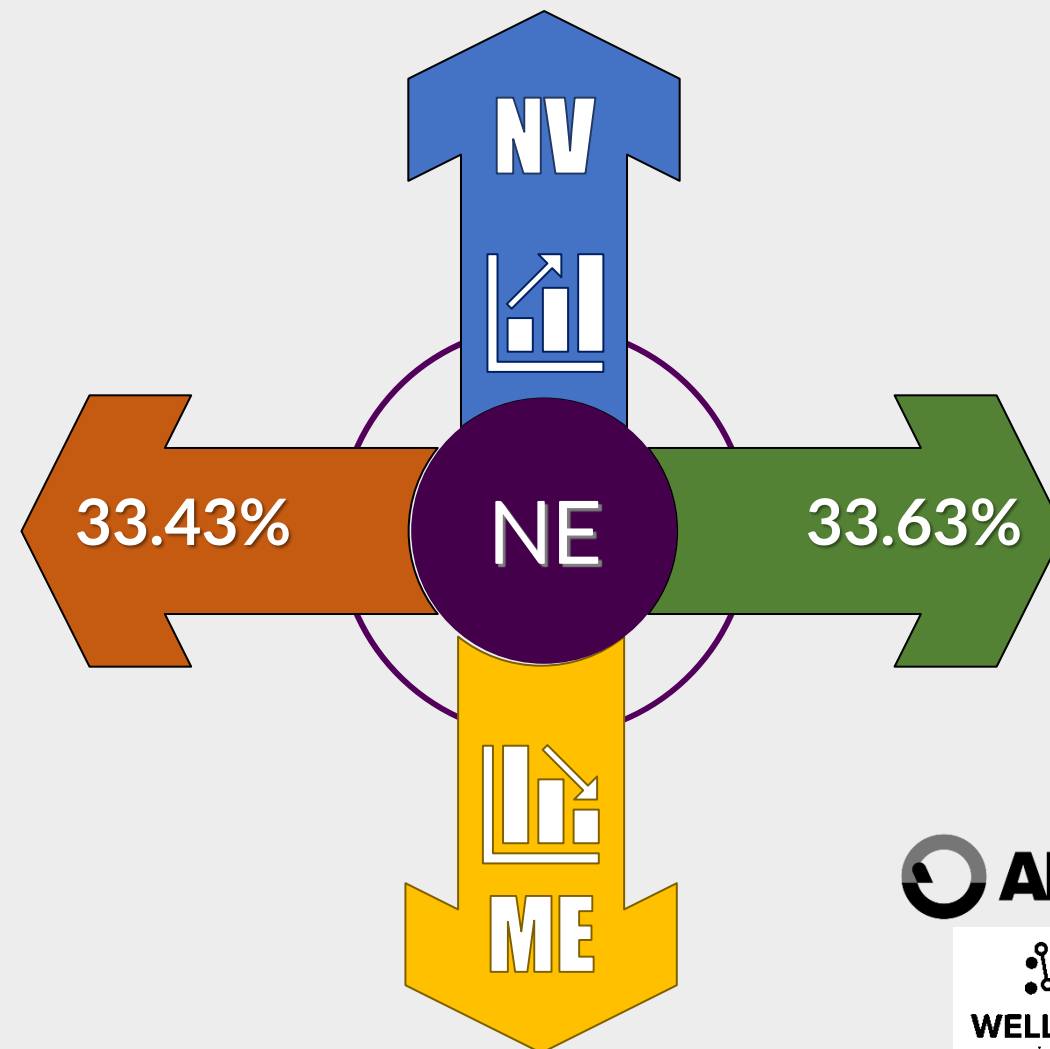


STATE COMPARISON

As of October 6, 2022

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WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2022

As of October 6, 2022, the North Dakota distress percent was 34.782% (ranked 20/52) with 18 assessors.

SEPTEMBER 2022

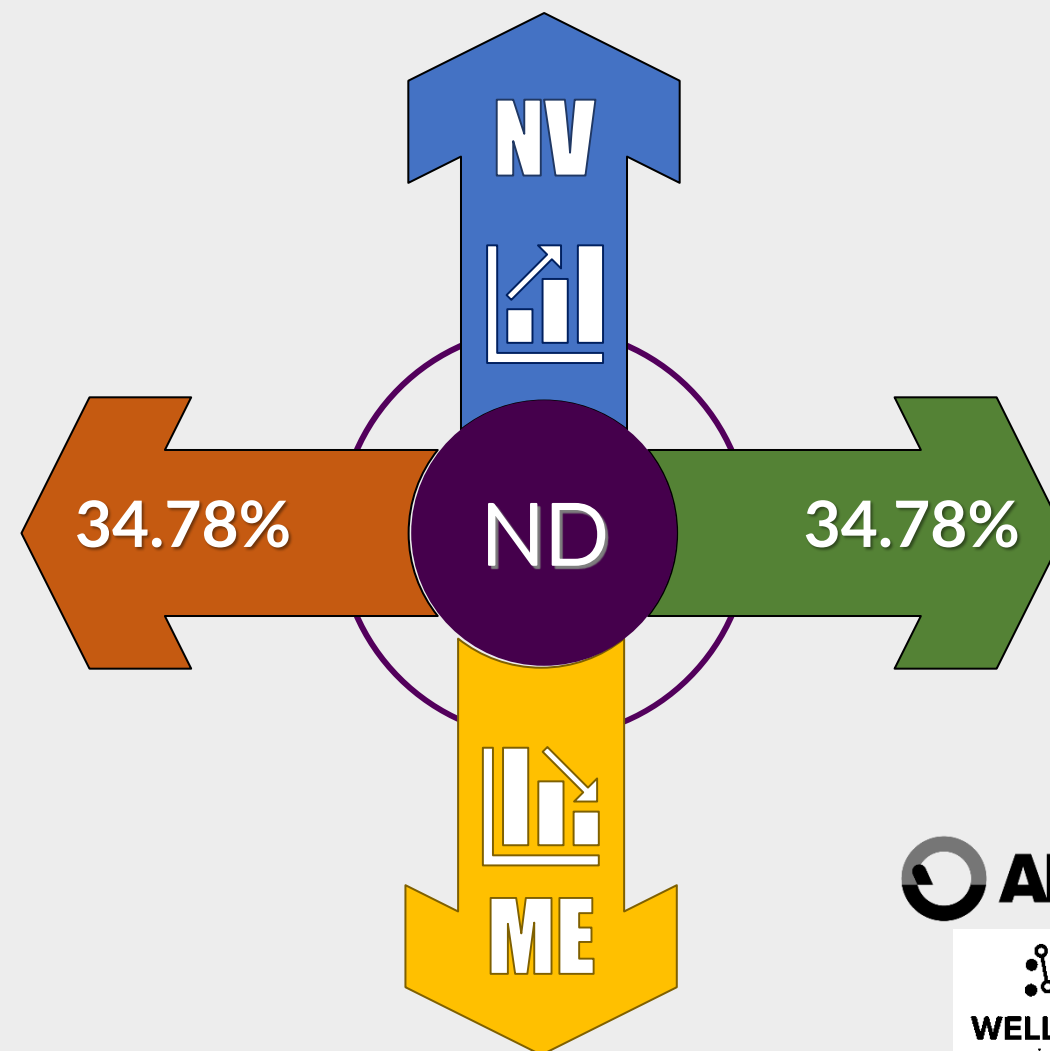
As of September 6, 2022, the North Dakota distress percent was 34.78% (ranked 19/52) with 18 assessors.

STATE COMPARISON

As of October 6, 2022

Nevada is the highest at 59.74% (n=33)

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WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2022

As of October 6, 2022, the South Dakota distress percent was 26.47% (ranked 47/52) with 56 assessors.

SEPTEMBER 2022

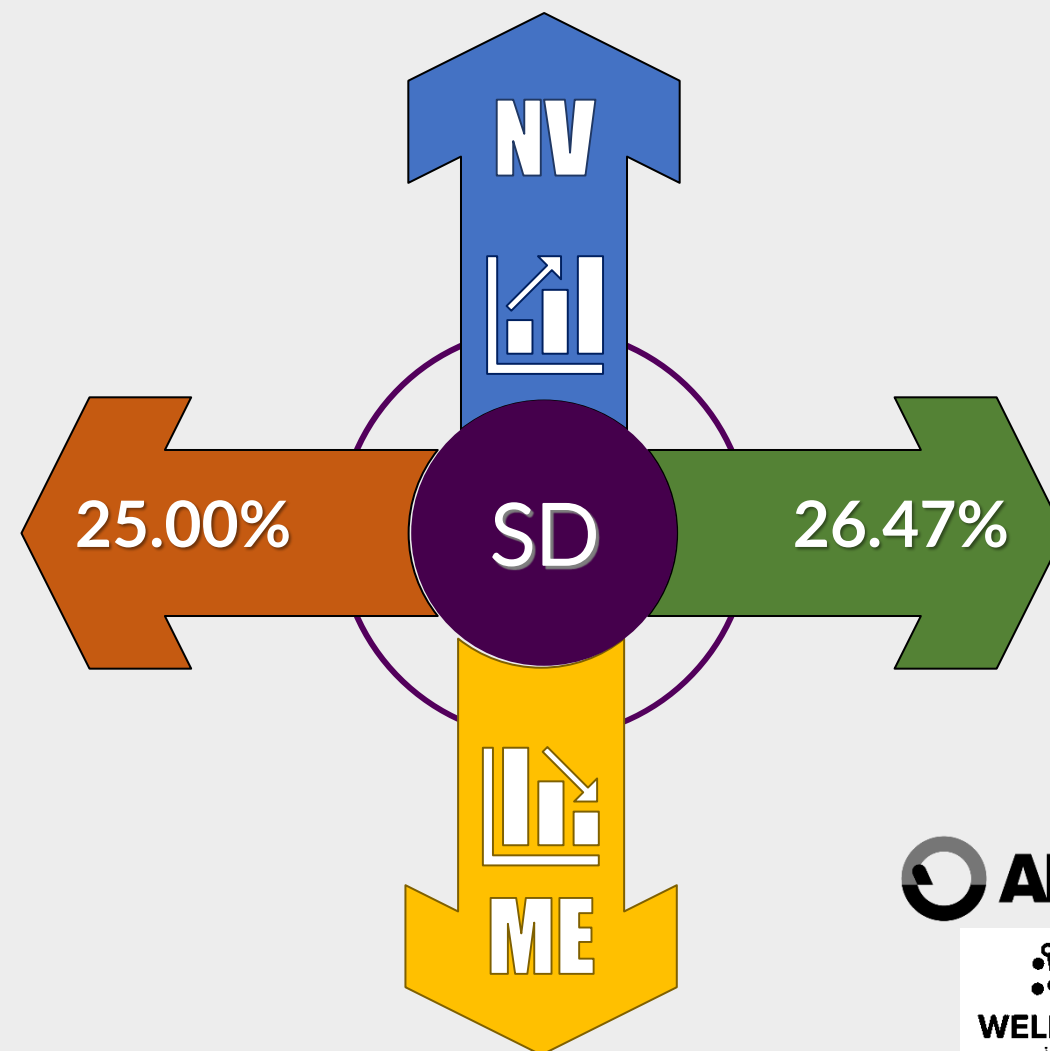
As of September 6, 2022, the South Dakota distress percent was 25.00% (ranked 48/52) with 55 assessors.

STATE COMPARISON

As of October 6, 2022

Nevada is the highest at 59.74% (n=33)

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*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

Well-being Resources Promo Slides*

For Your Use in State Social Media and Periodicals

**Please do not change the content of these promotional slides*



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Well-being Index for Pharmacists, Student Pharmacists, & Pharmacy Technicians

<https://app.mywellbeingindex.org/signup>

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