



# Well-being Index for Pharmacy Personnel

State Report  
For  
NABP District Five States

JULY 2022

*For Every Pharmacist. For All of Pharmacy.*

pharmacist.com

# What is the WBI for Pharmacy Personnel Distress Percent?

# What is the WBI for Pharmacy Personnel's Distress Percent?

- Distress Percent is the percentage of WBI assessors with a WBI score greater or equal to 5; the validated score that indicates risk of high distress.<sup>1</sup>
  - Distress Percent is the percentage of those who completed the WBI who are at risk of high distress.
  - The Distress Percent measures those who have assessed using the WBI for Pharmacy Personnel and not generalizable to a state, district, or profession.

## Why is this Important?

Pharmacy personnel identified as being *at risk of high distress* are also at a:

- 3-fold higher risk of low quality of life
- 8-fold higher risk of burnout
- 2.5-fold higher risk of high fatigue
- 2.5-fold higher risk of intent to leave their current job
- **2-fold higher risk of medication error**

<sup>1</sup>Ability of the Well-Being Index to identify pharmacists in distress. Skrupky, Lee P., et al. JAPhA June 2020

# **DISTRESS PERCENT CHANGES**

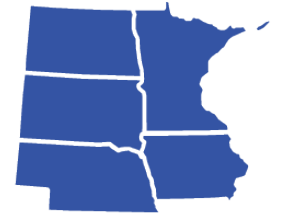
## ***National and District***

### **July 2022 versus June 2022**

# Changes in Distress Levels

As of July 2022

State	Change in Distress % June 2022 vs July 2022	Distress % July 2022	State Rank for Distress Percent July 2022
Largest Increase in Distress Percent			
Virginia	5.10%	45.23%	5
Delaware	1.62%	33.33%	27
Nevada	1.49%	59.46%	1
Vermont	0.77%	30.77%	37
Oklahoma	0.46%	35.58%	17
Largest Decrease in Distress Percent			
Puerto Rico	-2.37	45.00	6
Tennessee	-1.01	31.71	38
New Jersey	-0.84	36.89	16
District of Columbia	-0.81	30.77	36
Georgia	-0.77	33.12	31
NATIONAL	0.15%	33.13%	----



# Changes in Distress Levels – District Five

As of July 2022

	Change in Distress % Jun 2022 Vs Jul 2022	Distress % Jul 2022	Distress % State Rank Jul 2022	Change in Distress % May 2022 Vs Jun 2022	Distress % State Rank Jun 2022	Distress % State Rank May 2022	Distress % State Rank Apr 2022	Distress % State Rank Mar 2022	Distress % State Rank Feb 2022	Distress % State Rank Jan 2022	Distress % State Rank Dec 2021	Distress % State Rank Sep 2021	Distress % State Rank Apr 2021	Distress % State Rank May 2020	Distress % State Rank Apr 2020
Iowa	0.18%	29.91%	41	0.64%	41	45	43	45	44	42	41	41	41	33	29
Minnesota	-0.15%	24.63%	49	0.23%	49	49	49	49	48	49	49	46	45	42	43
Nebraska	0.20%	33.43%	26	0.10%	27	29	30	31	31	32	33	36	39	38	41
North Dakota	No Change	31.82%	32 (T)	No Change	31	33 (T)	34 (T)	28 (T)	20	20	20	34	31	44	45
South Dakota	No Change	27.17%	47	-0.03%	46	46	46	47	46	47	47	47	47	46	46

Note: Some historic data from 2020/2021 has been removed to allow space for current month. Refer to previous months' reports or contact [ashaughnessy@aphanet.org](mailto:ashaughnessy@aphanet.org) for data.  
(T) = tied with another state

# **DISTRESS PERCENT MONTHLY REPORTS**

## **State-Specific**

### **June 2022 versus July 2022**

# WELL-BEING INDEX FOR PHARMACY PERSONNEL

## STATE DISTRESS PERCENT\*

### JULY 2022

As of July 6, 2022, the Iowa distress percent was 29.91% (ranked 41/52) with 132 assessors.

### JUNE 2022

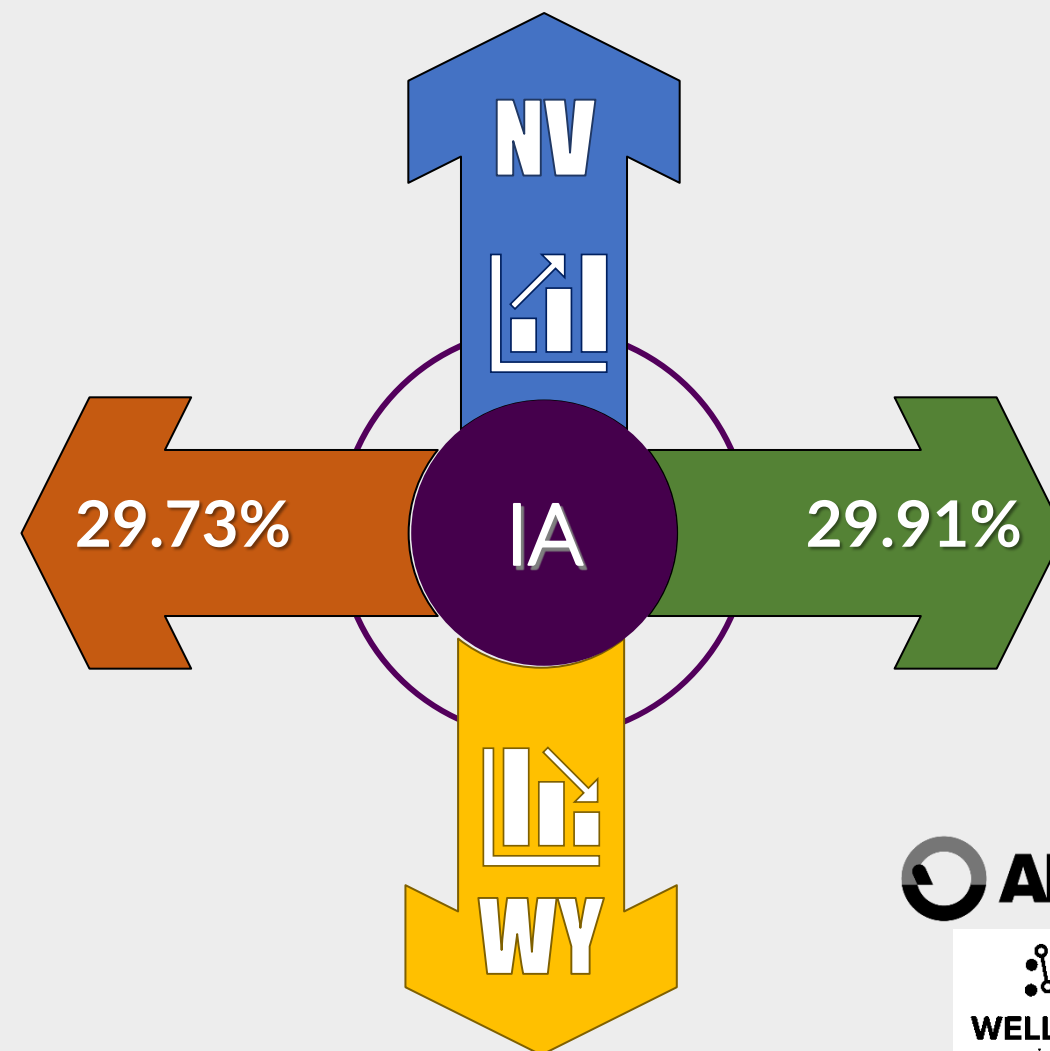
As of June 6, 2022, the Iowa distress percent was 29.73% (ranked 41/52) with 131 assessors.

### STATE COMPARISON

As of July 6, 2022

Nevada is the highest at 59.46% (n=33)

Wyoming has the lowest 17.39% (n=16)



\*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score  $\geq 5$ . It measures the percent of individuals that are at a high level of distress.



# WELL-BEING INDEX FOR PHARMACY PERSONNEL

## STATE DISTRESS PERCENT\*

### JULY 2022

As of July 6, 2021, the Minnesota distress percent was 24.63% (ranked 49/52) with 183 assessors.

### JUNE 2022

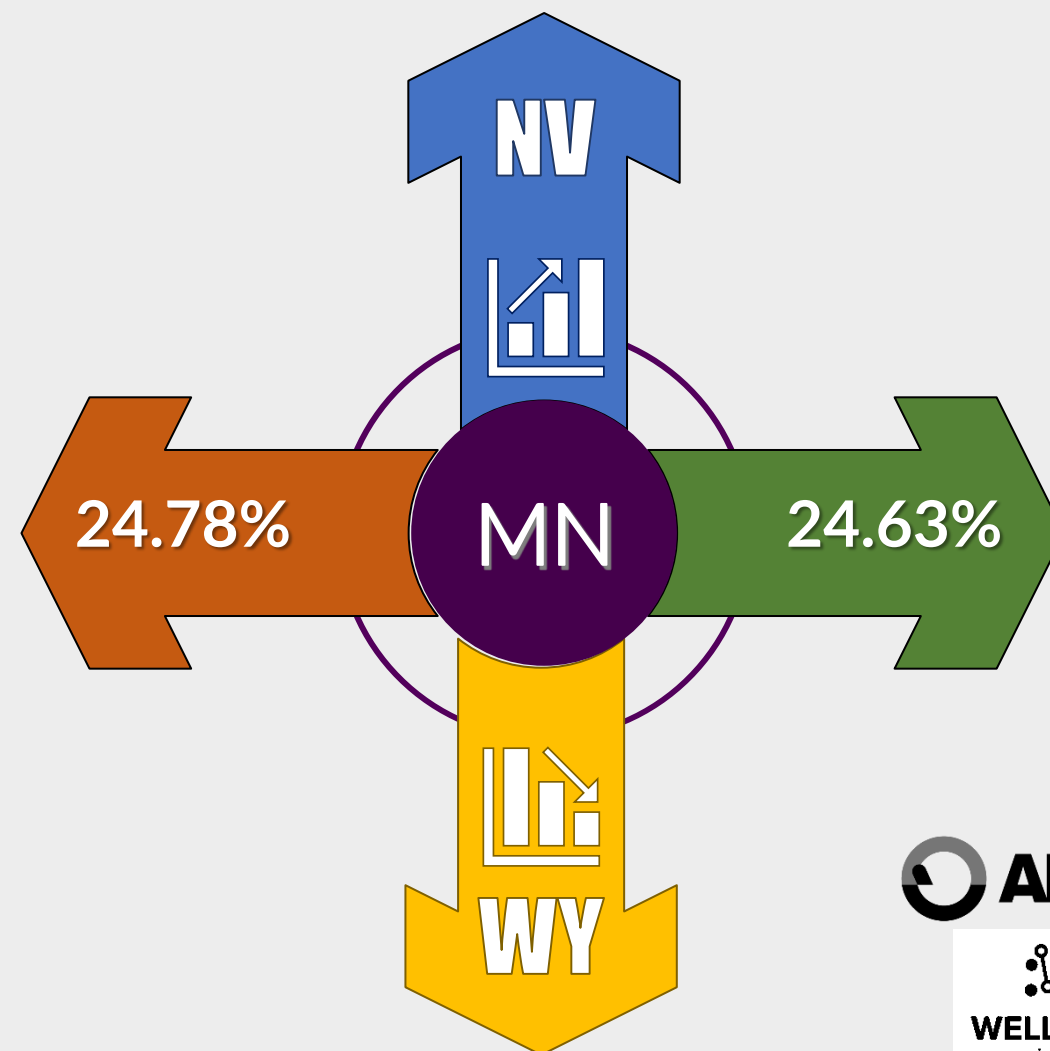
As of June 6, 2021, the Minnesota distress percent was 24.78% (ranked 49/52) with 183 assessors.

### STATE COMPARISON

As of July 6, 2022

Nevada is the highest at 59.46% (n=33)

Wyoming has the lowest 17.39% (n=16)



\*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score  $\geq 5$ . It measures the percent of individuals that are at a high level of distress..

# WELL-BEING INDEX FOR PHARMACY PERSONNEL

## STATE DISTRESS PERCENT\*

### JULY 2022



As of July 6, 2022, the Nebraska distress percent was 33.43% (ranked 26/52) with 169 assessors.

### JUNE 2022



As of June 6, 2022, the Nebraska distress percent was 33.23% (ranked 27/52) with 169 assessors.



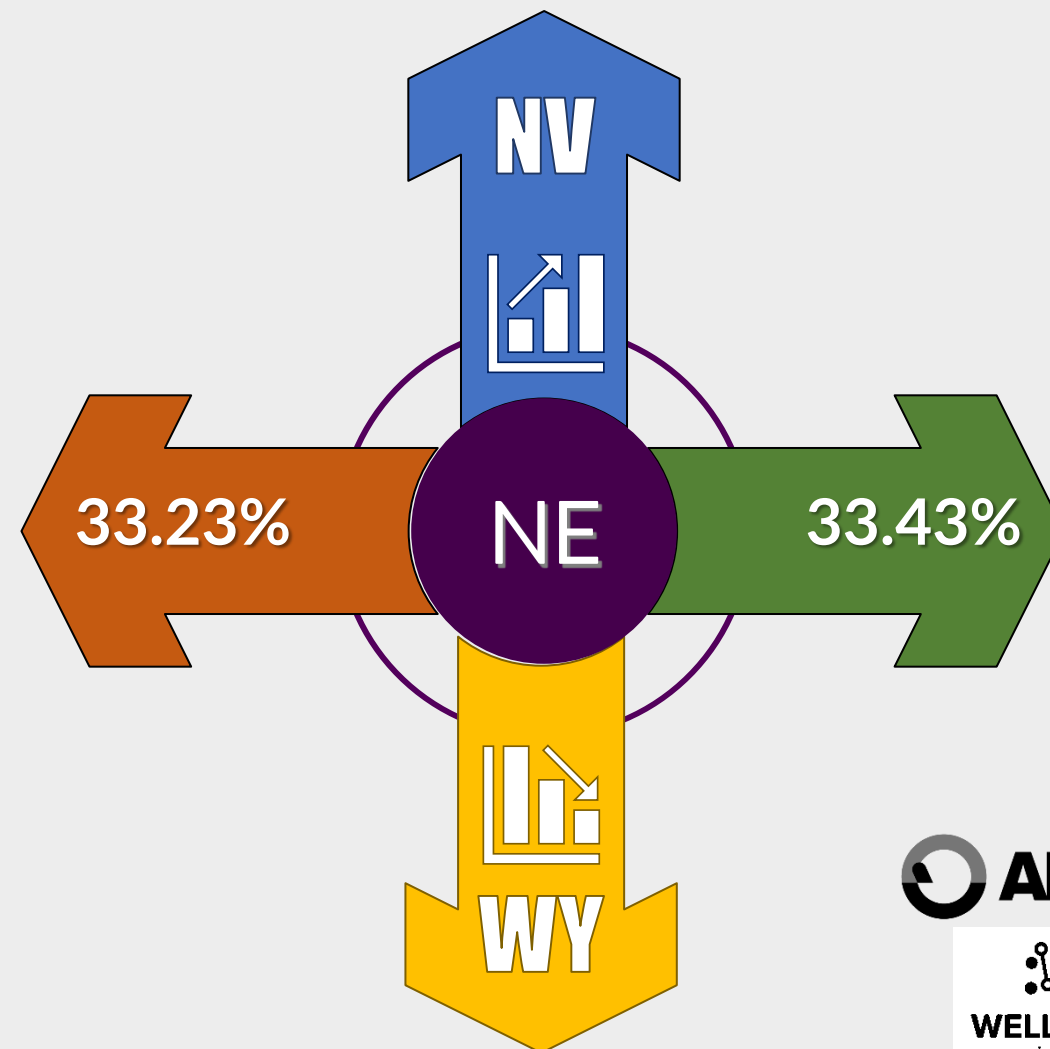
### STATE COMPARISON

As of July 6, 2022



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# WELL-BEING INDEX FOR PHARMACY PERSONNEL

## STATE DISTRESS PERCENT\*

### JULY 2022

As of July 6, 2022, the North Dakota distress percent was 31.82% (ranked tied at 32/52 highest) with 18 assessors.

### JUNE 2022

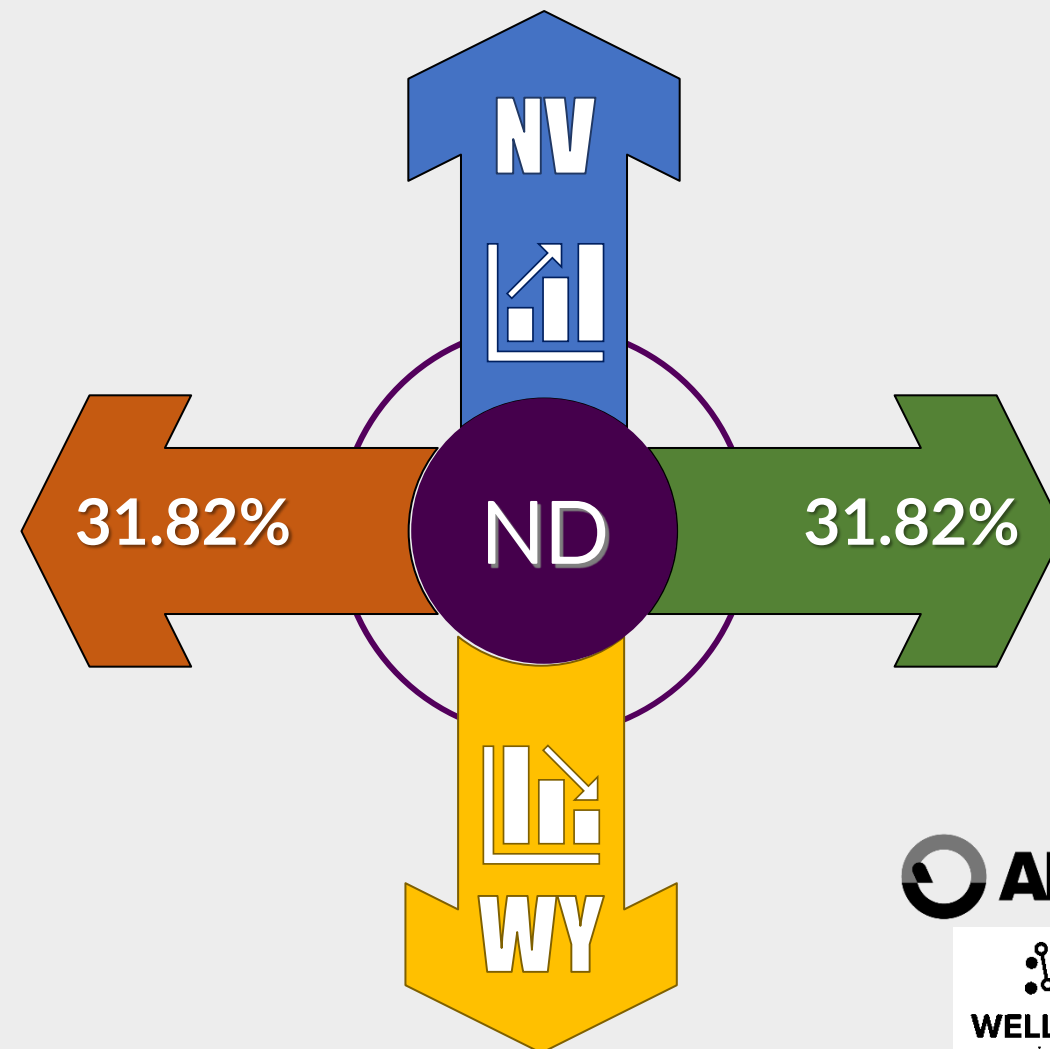
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# WELL-BEING INDEX FOR PHARMACY PERSONNEL

## STATE DISTRESS PERCENT\*

### JULY 2022

As of July 6, 2022, the South Dakota distress percent was 27.17% (ranked 47/52) with 50 assessors.

### JUNE 2022

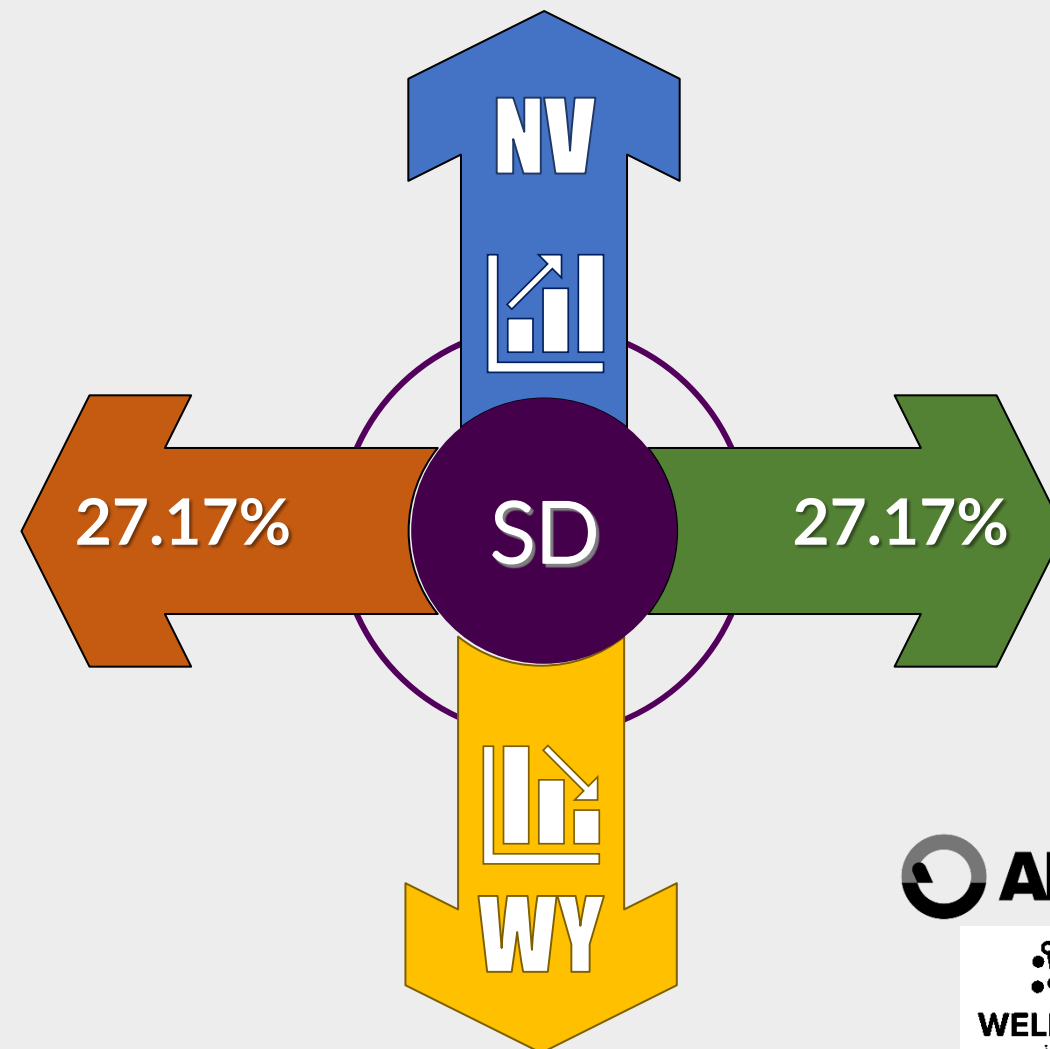
As of June 6, 2022, the South Dakota distress percent was 27.17% (ranked 46/52) with 50 assessors.

### STATE COMPARISON

As of July 6, 2022

Nevada is the highest at 59.46% (n=33)

Wyoming has the lowest 17.39% (n=16)



\*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score  $\geq 5$ . It measures the percent of individuals that are at a high level of distress.

# **Well-being Resources Promo Slides\***

## **For Your Use in State Social Media and Periodicals**

*\*Please do not change the content of these promotional slides*



## **Burnout is real.**

**Take advantage of APhA's online screening tool, invented by the Mayo Clinic, to evaluate your fatigue, depression, burnout, anxiety, and stress and assess your well-being.**

**It takes less than 5 minutes to answer 9 short questions.**

**It's 100% anonymous, free, and you do not need to be an APhA member.**

**Resources are available once you submit your assessment.**

**Well-being Index for Pharmacists, Student Pharmacists, & Pharmacy Technicians**

**<https://app.mywellbeingindex.org/signup>**

***Invitation Code: APhA***

***Or Scan***



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We're committed to your well-being.  
[www.pharmacist.com/wellbeing](http://www.pharmacist.com/wellbeing)*



***Your experiences – positive and negative – tell a powerful story!***

**Your experience can be the spark that helps change and enhance  
the pharmacy workplace, pharmacy personnel well-being, and patient safety.**

**Submit your experience report to  
*Pharmacy Workplace and Well-being Reporting.*  
[www.pharmacist.com/pwwr](http://www.pharmacist.com/pwwr)**

**Your report is confidential, anonymous, and protected by the  
Alliance for Patient Medication Safety - a recognized national patient safety organization.**

***Share the PWWR link with your colleagues!***